



Coach Anita Charlot is an author, professional speaker, creator of The Happy Executive Woman Podcast, Business Relationship Management Professional (BRMP), and CEO of Relationship Architect Academy. She provides 1:1 Executive Coaching programs, a Mastermind Group, courses, workshops, and retreats that teach women how to navigate their work, home and love lives with confidence and calm, all while being in command of their emotions.

Anita has over two decades of corporate, military, entrepreneurial, public speaking, and relationship coaching experience (including being a domestic abuse survivor). Her willingness to share her story of pain to purpose, coupled with her “tell it like it is” style, gives other women (and men) a vision of what it looks and feels like when you find your voice, stand up for yourself and speak your truth.

Now, as a happily (re)married dual-preneur, a former domestic abuse survivor, and a black woman in corporate America, Anita dedicates herself to coaching women on finding and using their voice to speak up about the imbalances and inequalities they face in the workplace. She helps women succeed in the corporate and the entrepreneurial sectors by teaching them how to determine what’s standing in the way of their success and give them the courage, permission, and tools they need to dare to be happy in business and in love.

Over the past 20+ years, she has held multiple leadership positions in corporate; Regional Management for a multi-million dollar consulting company, Senior Business Operations Analyst, and Senior Business Relationship Manager in the financial sector; Founder, CEO, CFO, CMO, CIO, CTO, CRO (and more) as an entrepreneur and a Non-Commissioned Officer in the United States Army Reserve.

Anita holds several Board, Co-Chair, and Mentor positions for organizations and groups focused on career success, relationships, entrepreneurship, uncovering unconscious bias, diversity, equity, inclusion, and mentoring for women, young, and experienced.

The women she has worked with walk away with the skills to help them find their way to being happy in business and love. Men walk away with awareness and understanding of their biases, helping to move them from the role of the oppressor to ally for women in both the office and their home environment. Anita currently lives in Oak Park, IL, with her husband and dog Lyzah Manelli.

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Headshots



Logos

